

INTERNET SPECIALS

12/5/18

ITEM #	ITEM	ADD'L DESCRIPTION	QUANTITY	RETAIL	SALE PRICE
CONDITIONING / TRAINING					
JU01	Vertical Leap Test Mat		2	\$235.00	\$70.00
JU02	Standing Long Jump Test Mat - Metric	Metric Measurements	1		\$40.00
AW01	Active Wrap Foot/Ankle	S/M	3	\$35.00	\$19.00
AW02	Active Wrap Foot/Ankle	L/XL	2	\$35.00	\$19.00
AW03	Active Wrap Knee/Leg	S/M	4	\$46.00	\$29.00
AW04	Active Wrap Knee/Leg	L/XL	3	\$46.00	\$29.00
AW05	Active Wrap Back	XS-M	4	\$40.00	\$23.00
AW06	Active Wrap Back	L/XXL	1	\$40.00	\$23.00
DB17	Knee Wraps - Altus	3" x 78" - Heavy Duty rubber elastic/cotton material	7		\$7.00
DB16C	Lifting Straps - Cotton	1.5" x 21" - Adjustable (one size)	6		\$4.00
DB16L	Lifting Straps - Leather	2" x 21" - Adjustable (one size)	3		\$7.00
DB15	Barbell Pad - Leather	Fits 1" bar, poly focus padding	3		\$9.00
PVA9	Grrrip Plus - spray 2oz		17		\$3.00
PVA8	Grrrip Plus - lotion 2oz		10		\$3.00
	Grip Ball - 3K		1	\$36.00	\$21.00
	Grip Ball - 3.5K		4	\$41.00	\$27.00
	Rope Ball - Podium - 1k	black (faded)	7		\$15.00
	Med Ball 800g		1	\$18.00	\$10.00
	Med Ball (hard shell) 6k		1	\$45.00	\$30.00
	Med Ball -Double Handle -6k (hard shell)		5		\$30.00
	Plyo Box (stacking) - 30"	Black (orig. sold in a set)	1		\$85.00
	Plyo Box (stacking) - 24"	Black (orig. sold in a set)	1		\$75.00
HR100	Jump Rope/Heavy Rope - Weighted 1lb				\$9.00
HR200	Jump Rope/Heavy Rope - Weighted 1.5lb				\$11.00
HR300	Jump Rope/Heavy Rope - Weighted 2.5lb				\$13.00
HR400	Jump Rope/Heavy Rope - Weighted 3.5lb				\$16.00
HR500	Jump Rope/Heavy Rope - Weighted 4.5lb				\$18.00
	Step Hurdles - set	set of 4 training hurdles 14", 12", 10" 8"	1 set		\$32.00
K850	Agility Hurdles - 6"	solid flat plastic			\$3.00
K851	Agility Hurdles - 12"	solid flat plastic			\$4.00
	Mini Hurdles - 6"	Used, faded green, round tube	38		\$2.00
	Mini Hurdles - 12"	Used, faded green, round tube	7		\$2.00
	Plastic Platforms (graduated) & bar for cone hurdle	(cones not included)	1 set		\$10.00
	Run Hurdle (set of 6)	Adjustable height plastic training hurdle	1		\$25.00
	Run Hurdle (individual)	Adjustable height plastic training hurdle	2		\$9.00
ITEM #	ITEM	ADD'L DESCRIPTION	QUANTITY	RETAIL	SALE PRICE
CONDITIONING / TRAINING (cont)					
	Step Hurdle /Agility Ladder	7 hinged-step hurdles connect to form an agility ladder	1		\$12.00

	Pennant Strings - Red/White/Blue	used	5		\$5.00
	Pennant Strings - Yellow/White	used	2		\$5.00
	Pennant Strings - Red/White	used	1		\$5.00
	Pennant Strings - Blue/White	used	2		\$5.00
	Field Canopy Side Panels - 10' x 10'	Blue (6), Green (3), White (2)	6		\$40.00
EQUIPMENT					
*new add	Reconditioned High Jump Standards	screw down clamps, wheels on bases, newly painted, new scales	1 set	\$895.00	\$395.00
*new add	Reconditioned Hurdles - dark green riser tubes	Aluminum, rocker (non stacking) w/cross bar	7	\$89.95	\$30.00
*new add	Scholastic II Pole Vault Weather Cover - New	Color Royal Blue	1	\$1,450.00	\$995.00
	Hollowcore 128mm Training Shots	shots range in weight from 10lb - 13lb (hollow core - no plug)	many	\$35.00 - \$36	\$1 per pound
	Wood Hurdle Boards		50+	\$12.00	\$9.00
	Batons - Dull Silver		50	\$2.50	\$1.50
	Track Spikes - Steel / Pyramid	1/8" pyramid, 1/2 pyramid (OT label)		\$9.75	\$5.00
	Track Spikes - Steel / Needle	1/8" needle, 1/4" needle, 3/8" needle (OT label)		\$9.75	\$5.00
	Hammer Gloves	Left Hand (sml, med, large) - *run small to size		\$20.00	\$6.00
	Hammer Handles	for 4k hammers and under only	4	\$18.00	\$5.00
	Bag - Starting Block Bag	Black International Athletics Bag	2		\$25.00
	Starting Block - Newton (used)	Newton Competition Starting Block (good condition)	2	\$200.00	\$50.00
	Starting Block - Chrome	Heavy Weight Chrome Block - detachable pedals	1	\$175.00	\$45.00
	Starting Block - Recordmaster I	One-piece, fixed angle pedals	1	\$56.00	\$20.00
	Starting Block - Recordmaster II	One-piece, fixed angle pedals	1	\$58.00	\$20.00
	Starting Block - Maxwell Red	- detachable adjustable pedals	1	\$190.00	\$45.00
	Starting Block - Maxwell	Side channel for slide adjust.-adjustable angle pedals	1	\$175.00	\$45.00
	Starting Block - Maxwell	Wide Pedal, detachable adjustable pedals	1		\$50.00
	OTE 600g 40m Javelin - rebuilt	meets official specs	2	\$264.00	\$199.00
	OTE 600g Comp 50m Javelin- rebuilt	meets official specs	1	\$300.00	\$250.00
	Apollo Laser 600g 55m Javelin - rebuilt by OTE	meets official specs	1	\$300.00	\$250.00
	Apollo Laser 600g 55m Javelin - practice	meets official specs	2	\$300.00	\$95.00
	Apollo Laser 600g 60m-70m - rebuilt by OTE	meets official specs	1	\$600.00	\$475.00
	Apollo Laser 600g 60m-70m - old rule	practice - ("old rule")	4	\$600.00	\$95.00
	OTE 700g Headwind Javelin		1	\$375.00	\$275.00
	Crown 600g 40m Rubber Tip		1	\$250.00	\$125.00
	700g Turbo Jav	"Frankenstein" model - training only	1		\$18.00
ITEM #	ITEM	ADD'L DESCRIPTION	QUANTITY	RETAIL	SALE PRICE
BOOKS / POSTERS					
B540	Better Training for Distance Runners	David Martin PhD & Peter N Coe / 2nd Edition (1997, 435 pgs)	3	\$25.00	\$15.00
B541	Training for Young Distance Runners	larry Greene & Russ Pate / 2nd Edition (2004, 226 pgs)	1	\$20.00	\$10.00
B640	Encyclopedia of Weight Training	Dr. Paul Ward & Dr. Robert Ward (1997, 367 pgs)	1	\$50.00	\$30.00
B02-04	Mind & Muscle	Blair Whitmaersh, PhD (2001, 289 pgs)	7	\$19.00	\$10.00
B01-3	Stronger Legs & Lower Body	Keli Roberts & Linda Shelton (2002, 257 pgs)	4	\$17.00	\$10.00

	Plyometric Exercises with the Medicine Ball	Don Chu / 2nd Edition (2003, 196 pgs)	1		\$8.00
	NFHS Track & Field & Cross Country Rules Books	Previous Years		\$12.00	\$2.00
FB00-1P	Pocket Video Poster -Shot Put Rotation	Boys			\$2.00
FB00-3P	Pocket Video Poster -Shot Put Rotation	Girls			\$2.00
FB00-2P	Pocket Video Poster -Shot Put Glide	Boys			\$2.00
FB00-4P	Pocket Video Poster -Shot Put Glide	Girls			\$2.00
FB00-5P	Pocket Video Poster - Discus	Boys			\$2.00
FB00-6P	Pocket Video Poster - Discus	Girls			\$2.00
FB00-7P	Pocket Video Poster - Javelin	Boys			\$2.00
FB00-8P	Pocket Video Poster - Javelin	Girls			\$2.00
FB00-9P	Pocket Video Poster - Long Jump	Boys			\$2.00
FB00-10P	Pocket Video Poster - Long Jump	Girls			\$2.00
FB00-11P	Pocket Video Poster - High Jump	Boys			\$2.00
FB00-12P	Pocket Video Poster - High Jump	Girls			\$2.00
FB00-13P	Pocket Video Poster - Triple Jump	Boys			\$2.00
FB00-14P	Pocket Video Poster - Triple Jump	Girls			\$2.00
FB00-15P	Pocket Video Poster - Pole Vault	Boys			\$2.00
FB00-16P	Pocket Video Poster - Pole Vault	Girls			\$2.00
FB00-17P	Pocket Video Poster - 100m Start	Boys			\$2.00
FB00-18P	Pocket Video Poster - 100m Start	Girls			\$2.00
FB00-19P	Pocket Video Poster - 110m Hurdle Start	Boys			\$2.00
FB00-20P	Pocket Video Poster - 100m Hurdle Start	Girls			\$2.00
	Pole Vault Poster w/quote	"Act as if it were impossible to fail and it will be"			\$2.00
DVD'S/VIDEOS					
POLE VAULT					
DVD					
DV98-16	T & F Drills Series - Pole Vault Drills	Rick Attig	4	\$39.00	\$15.00
DV04-1	C'mon - Neovault		2		\$15.00
DV05-1	Bring It - Neovault		1		\$15.00
DV11-1	Sean's Excellent Adventure - Neovault		9		\$15.00
DV06-6	Becoming a Champion Pole Vault	Rick Attig	1		\$15.00
DV09-6	Beyond the Basics - Becoming a Champion Pole Vault	Pat Licari	8	\$39.00	\$15.00
	Begginer to Bubka - silent DVD	Alan Launder / John Gormley	8		\$10.00
ITEM #	ITEM	ADD'L DESCRIPTION	QUANTITY	RETAIL	SALE PRICE
DVD'S/VIDEOS (cont)					
POLE VAULT					
VHS					
	Dellinger's Track & Field Fundamentals - Pole Vault	Dan West	3		\$5.00
HIGH JUMP					
DVD					
DV98-16	T&F Drills Series - High Jump Drills	John Coughlan	5	\$39.00	\$15.00

DV98-24	Common Errors & Corrections High Jump	John Coughlan	5	\$39.00	\$15.00
DV09-5	Beyond the Basics - Becoming a Champion High Jumper	Mike Pullins	8	\$39.00	\$15.00
VHS					
	Women's High Jump	Sue Humphrey	3		\$5.00
	Drills for Teaching the High Jump	John Coughlan	2		\$5.00
LONG JUMP					
DVD					
DV98-13	T&F Drills Series - Long Jump Drills	Phil Henson	2	\$39.00	\$15.00
DV09-3	Beyond the Basics - Becoming a Champion Long Jumper	Dennis Nobles	9		\$15.00
VHS					
	Women's Long Jump & Triple Jump	Kathy James	4		\$5.00
	Long Jump	Roy McEachran	2		\$5.00
TRIPLE JUMP					
DVD					
DV98-14	T&F Drills Series - Triple Jump Drills	Scott Bennett	2	\$39.00	\$15.00
DV98-23	Common Errors & Corrections - Triple Jump	Irving Schexnayder	6	\$39.00	\$15.00
DV06-4	Becoming a Champion Triple Jumper	Rick Attig	1	\$39.00	\$15.00
DV09-4	Beyond the Basics - Becoming a Champion Triple Jumper	Dennis Nobles	4	\$39.00	\$15.00
TRIPLE JUMP					
VHS					
	Triple Jump Drills	Scott Bennett	1		\$5.00
	Common Errors & Corrections - Triple Jump	Irving Schexnayder	2		\$5.00
SHOT PUT					
DVD					
DV98-17	T&F Drills Series - Shot Put Drills	Mark Colligan	2	\$39.00	\$15.00
DV98-27	Common Errors & Corrections - Shot Put	Ralf Uebel	6	\$39.00	\$15.00
DV09-7	Beyond the Basics - Becoming a Champion Shot Putter	Harlis Meaders	8	\$39.00	\$15.00
ITEM #	ITEM	ADD'L DESCRIPTION	QUANTITY	RETAIL	SALE PRICE
SHOT PUT					
VHS					
	Progressions for Teaching the Women's Shot Put	Jerry Clayton	2		\$5.00
	Drills for Teaching the Shot Put	Mark Colligan	1		\$5.00
	Basic 70's Shot Put	Al Feuerbach	1		\$5.00
DISCUS					
DVD					
DV98-26	Common Errors & Corrections - Discus Throw	Brian Bedard	7	\$39.00	\$15.00
DV09-8	Beyond the Basics - Becoming a Champion Discus Thrower	John Frazier	5	\$39.00	\$15.00

VHS					
	Discus II	John Powell	7		\$5.00
JAVELIN					
DVD					
DV98-28	Common Errors & Corrections - Javelin Throw	Scott Cappos	6	\$39.00	\$15.00
DV98-19	T&F Drills Series - Javelin	Bill Webb	6	\$39.00	\$15.00
DVD					
	Turbo Jav Training - Lesson Plans	Tom Petronoff	9		\$5.00
VHS					
	240 Javelin Throws	Duncan Atwood	4		\$5.00
	Larry Stuart on Javelin Throwing	Larry Stuart	1		\$5.00
	Dellinger's T&F Fundamentals - Javelin	Stewart Togher	2		\$5.00
SPRINTS/RELAYS/RUNNING					
DVD					
DV98-10	T&F Drills Series - Sprint Drills	Tom Tellez	3	\$39.00	\$15.00
DV06-1	Becoming a Champion Sprinter	Steve Lynn	2	\$39.00	\$15.00
DV09-1	Beyond the Basics - Becoming a Champion Sprinter	Ken Harnden	8	\$39.00	\$15.00
DV98-11	T&F Drills Series - Relay Drills	Steve Lynn	5	\$39.00	\$15.00
VHS					
	Sprinting: Technique & Training for Women	Galina Bukharina	4		\$5.00
	Dellinger's T&F Fundamentals - Sprints	George Walcott	1		\$5.00
	World Class Series - Sprints, Starts, Relays	John Smith, Michael Marsh	4		\$5.00
	Common Errors & Corrections - Sprints & Relays	Steve Lynn	4		\$5.00
	Drills for Teaching the Relays	Steve Lynn	1		\$5.00
	Dellinger's T&F Fundamentals - Middle Distance/Distance		1		\$5.00
	Coaching 1600 & 3200 Meter Runners	Doug Brown	1		\$5.00
	Cross Country Training	Doug Brown	1		\$5.00
	The Steeplechase	Doug Brown	3		\$5.00
ITEM #	ITEM	ADD'L DESCRIPTION	QUANTITY	RETAIL	SALE PRICE
HURDLES					
DVD					
DV98-12	T&F Drills Series - Hurdle Drills	Mike Poehlein	4	\$39.00	\$15.00
DV98-21	Common Errors & Corrections - Hurdles	Walter Curry	5	\$39.00	\$15.00
DV06-2	Beyond the Basics - Becoming a Champion Hurdler	Mike Holloway	9	\$39.00	\$15.00
VHS					
	World Class T&F Series - 300 & 400 Meter Hurdles	Steve Lynn, Danny Harris	2		\$5.00
	Drills for Teaching the Hurdles	Mike Poehlein	2		\$5.00
	Common Errors & Corrections - Hurdles	Walter Curry	2		\$5.00
	Dellinger's T&F Fundamentals - Hurdles	John Gillespie	3		\$5.00
	T&F Event Video - Jim Bush Hurdle	Jim Bush			\$5.00

PLYOMETRICS				
VHS				
	Jumping into Plyometrics	Don Chu	1	\$5.00
	Speed for Sport & Fitness		3	\$5.00
	Speed Drills	Bo McNair	2	\$5.00
	MedBall Exercise Video			\$5.00
COACHING & EVENT VIDEOS				
VHS				
	Coaching by the Experts, Part I: Running Events		3	\$5.00
	Coaching by the Experts, Part II: Jumping Events		2	\$5.00
	Coaching by the Experts, Part III: Throwing Events		1	\$5.00
V88-2	Throwing Events Multi Video			\$5.00
V88-3	Sprints & Hurdles Multi Video			\$5.00
McMURRY EVENT VIDEOS - SILENT (VHS)				
V86-1	High Jump - Men			\$5.00
V86-2	Pole Vault - Men			\$5.00
V86-3	Long Jump - Men			\$5.00
V86-4	Triple Jump - Men			\$5.00
V86-5	Jumping Events - Men & Women			\$5.00
V86-8	Throws Events - Women			\$5.00
V86-9	Sprints & Hurdles - Men			\$5.00
V86-10	Sprints & Hurdles - Women			\$5.00
V86-11	Javelin Throw - Men & Women			\$5.00

THROWS EQUIPMENT SPECIALS

inventory changes on a daily basis

12/5/18

L- Legal Implement

P= Practice Implement (does not meet legal specs)

3K SHOT PUT

NUMBER	3K SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
L872	3k I.A. Iron (108mm)	Rattle/Loose (Green/Shiny)	\$38.00	
L359	3k I.A. Iron (120mm)	Balance (Yellow/Shiny)	\$49.00	\$15.00
L407	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L408	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L411	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L415	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L416	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L417	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L418	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L420	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L466	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L467	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L810	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L811	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L812	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L813	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L825	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00
L826	3k I.A. Iron (120mm)	Balance/Rattle (Yellow/Shiny)	\$49.00	\$15.00

4K SHOT PUT

NUMBER	4K SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
L70	4k Steel (95mm)	Used - Repaint	\$83.00	\$40.00
L343	4k Stainless (95mm)	Used a lot	\$109.00	\$39.00
P423	4k Stainless (95mm)	too small - practice only	\$109.00	\$39.00
P813	4k Stainless (95mm)	too small - practice only	\$109.00	\$39.00
L47	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L48	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L49	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L50	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L51	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L68	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L69	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L314	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L315	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L316	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L317	4k Stainless (108mm)	Balance/Rattle	\$119.00	\$32.00
L319	4k Stainless (108mm)	Balance/Rattle	\$119.00	\$32.00
L325	4k Stainless (108mm)	Balance/Rattle	\$119.00	\$32.00
L326	4k Stainless (108mm)	Balance/Rattle	\$119.00	\$32.00
L327	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L328	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L329	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L330	4k Stainless (108mm)	Rattle	\$119.00	\$32.00
L331	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L332	4k Stainless (108mm)	Balance	\$119.00	\$32.00

L333	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L334	4k Stainless (108mm)	Balance	\$119.00	\$32.00
4K SHOT PUT (continued)				
NUMBER	4K SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
L335	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L336	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L337	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L425	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L426	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L870	4k Stainless (108mm)	Balance	\$119.00	\$32.00
L871	4k Stainless (108mm)	Balance/Rattle	\$119.00	\$32.00
L73	4k Steel Shot (108mm)	Balance (yellow/textured)	\$84.00	\$23.00
L84	4k Steel Shot (108mm)	Balance (yellow/textured)	\$84.00	\$23.00
L85	4k Steel Shot (108mm)	Balance (yellow/textured)	\$84.00	\$23.00
L86	4k Steel Shot (108mm)	Balance (yellow/textured)	\$84.00	\$23.00
L210	4k Steel Shot (108mm)	Balance (yellow/textured)	\$84.00	\$23.00
L211	4k Steel Shot (108mm)	Balance (yellow/textured)	\$84.00	\$23.00
L830	4k I.A. Iron (112mm)	Diameter not in catalog (Red/Shiny)	\$46.00	\$29.00
L831	4k I.A. Iron (112mm)	Diameter not in catalog (Red/Shiny)	\$46.00	\$29.00
L832	4k I.A. Iron (112mm)	Diameter not in catalog (Red/Shiny)	\$46.00	\$29.00
L83	4k I.A. Iron (112mm)	Diameter not in catalog (Red/Shiny)	\$46.00	\$29.00
L834	4k I.A. Iron (112mm)	Diameter not in catalog (Red/Shiny)	\$46.00	\$29.00
L836	4k I.A. Iron (112mm)	Diameter not in catalog (Red/Shiny)	\$46.00	\$29.00
L33	4k I.A. Iron Shot (128mm)	balance (white/shiny)	\$61.00	\$19.00
L301	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L303	4k I.A. Iron Shot (128mm)	New - Balance/Rattle (White/Shiny)	\$61.00	\$19.00
L304	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L305	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L306	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L307	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L308	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L309	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L310	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L311	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L312	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L313	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L427	4k I.A. Iron Shot (128mm)	New - Rattle/Balance (White/Shiny)	\$61.00	\$19.00
L428	4k I.A. Iron Shot (128mm)	New - Balance (White/Shiny)	\$61.00	\$19.00

4.5K SHOT PUT - PRACTIC ONLY				
NUMBER	4.5K SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
P44	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P52	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P102	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P128	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P129	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P130	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P132	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P135	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P346	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P347	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P424	4.5k (9.9lb) Iron (115mm)	balance (Yellow/Shiny)	\$45.00	\$16.00
P110	4.5k (9.9lb) Iron (117mm)	diameter not in catalog/Balance (White)	\$45.00	\$16.00

P117	4.5k (9.9lb) Iron (117mm)	diameter not in catalog/Balance (White)	\$45.00	\$16.00
P118	4.5k (9.9lb) Iron (117mm)	diameter not in catalog/Balance (White)	\$45.00	\$16.00

4.5K SHOT PUT - PRACTIC ONLY (contined)

NUMBER	4.5K SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
P120	4.5k (9.9lb) Iron (117mm)	diameter not in catalog/Balance (White)	\$45.00	\$16.00
P131	4.5k (9.9lb) Iron (117mm)	diameter not in catalog/Balance (White)	\$45.00	\$16.00

10LB SHOT PUT - PRACTIC ONLY

NUMBER	10LB SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
P119	10lb Iron (117mm)	diameter not in catalog/Balance (White)	\$41.00	\$16.00
P121	10lb Iron (117mm)	diameter not in catalog/Balance (White)	\$41.00	\$16.00
P133	10lb Iron (117mm)	diameter not in catalog/Balance (White)	\$41.00	\$16.00
P134	10lb Iron (117mm)	diameter not in catalog/Balance (White)	\$41.00	\$16.00
P137	10lb Iron (117mm)	diameter not in catalog/Balance (White)	\$41.00	\$16.00

5K SHOT PUT

NUMBER	5K SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
L837	5K Stainless (100mm)	Diameter not in catalog	\$110.00	\$82.00
L838	5K Stainless (100mm)	Diameter not in catalog	\$110.00	\$82.00
L839	5K Stainless (100mm)	Diameter not in catalog	\$110.00	\$82.00
L840	5K Stainless (100mm)	Diameter not in catalog	\$110.00	\$82.00
L841	5K Stainless (100mm)	Diameter not in catalog	\$110.00	\$82.00

11LB SHOT PUT - PRACTIC ONLY

NUMBER	11LB SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
P468	11lb (128mm) Gillet Training Shot	balance	\$41.00	\$18.00
P469	11lb (128mm) Gillet Training Shot	balance	\$41.00	\$18.00

12LB SHOT PUT

NUMBER	12LB SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
L124	12lb Mild Steel (115mm)	balance (Orange/Textured)	\$79.00	\$32.00
L125	12lb Mild Steel (115mm)	balance (Orange/Textured)	\$79.00	\$32.00
L126	12lb Mild Steel (115mm)	balance (Red/Shiny)	\$79.00	\$32.00
L321	12lb Mild Steel (115mm)	balance (Red/Dull)	\$79.00	\$32.00
L322	12lb Mild Steel (115mm)	Balance/Rattle (Red/Matte)	\$79.00	\$32.00
L323	12lb Mild Steel (115mm)	Balance/Rattle (Red/Matte)	\$79.00	\$32.00
P349	12lb I.A. Iron (115mm)	balance /Ding (Yellow/Texture)	\$55.00	\$16.00
L845	12lb I.A. Iron (115mm)	balance (Red/Shiny)	\$55.00	\$25.00
L846	12lb I.A. Iron (115mm)	balance (Red/Shiny)	\$55.00	\$25.00
L847	12lb I.A. Iron (115mm)	balance (Red/Shiny)	\$55.00	\$25.00
P349	12lb I.A. Iron (115mm)	balance -Ding (Yellow) - practice only	\$55.00	\$16.00
P342	12lb Mild Steel (117mm)	Too Big (Red/Texture) - practice only	\$79.00	\$29.00

13LB SHOT PUT - PRACTIC ONLY

NUMBER	13LB SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
P848	13lb Gillette (120-125mm)	No diameter on shot (Black)	\$46.00	\$28.00
P849	13lb Gillette (120-125mm)	No diameter on shot (Black)	\$46.00	\$28.00
P850	13.5lb Gillette (128mm)	Heavy 13.5lbs	\$46.00	\$28.00

6K SHOT PUT

NUMBER	6K SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
L851	6k Stainless (106mm)	Diameter not in catalog	\$125.00	\$95.00

L852	6k Stainless (106mm)	Diameter not in catalog	\$125.00	\$95.00

15LB SHOT PUT - PRACTIC ONLY

NUMBER	15LB SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
P139	15.3lb Gillette - lead filled	Rattle/ seamed (silver)	\$49.00	\$19.00

16LB SHOT PUT

NUMBER	16LB SHOT PUT - ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
P103	16lb Stainless (120mm)	under weight (15.96) - Practice only	\$149.00	\$30.00
P857	16lb Stainless (120mm)	Too lite - practice only	\$149.00	\$30.00
L858	16lb Mild Steel (128mm)	Balance (green)	\$114.00	\$35.00
L859	16lb I.A. Iron (128mm)	Used - repaint (green)	\$69.00	\$40.00
P860	16lb Mild Steel (120mm)	Too lite - practice only	\$114.00	\$25.00
P861	16lb Mild Steel (120mm)	Too lite - practice only	\$114.00	\$25.00
P862	16lb Mild Steel (120mm)	Too lite - practice only	\$114.00	\$25.00
P863	16lb Mild Steel (120mm)	Too lite - practice only	\$114.00	\$25.00
P864	16lb Mild Steel (120mm)	Too lite - practice only	\$114.00	\$25.00

SHOT PUT - PRACTICE ONLY

NUMBER	ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
	GILLETT HOLLOW CORE SHOTS - COLLEGE DIAMETER - 128mm			
	10LB (ea shot's wt varies between 9.8lbs - 10.2lbs - Hollow core, no plug)		\$36.00	\$1 per pound
	13LB (ea shot's wt varies between 12.8lbs - 13.2lbs - hollow core, no plug)		\$43.00	\$1 per pound

HAMMERS

NUMBER	ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
	Legal			
P20	4k stainless (95mm)	too small - practice only	\$140.00	\$45.00
L21	6k Stainless (106mm)	Swivel changed out	\$170.00	\$110.00
L54	12lb Nelco Steel (103mm)	New	\$113.00	\$80.00
L55	12lb Nelco Steel (103mm)	New	\$113.00	\$80.00
L63	12lb Nelco Stainless (5.45k)	New	\$143.00	\$99.00
P19	16lb Iron (125mm)	lite - must use "heavy" handle - practice	\$67.00	\$40.00

THROWING WEIGHTS

NUMBER	ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
L112	16lb Outdoor Throwing Wt	Replaced Swivel	\$76.00	\$55.00

1K DISCUS

NUMBER	ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
	Legal			
	Practice			

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1.5K DISCUS

NUMBER	ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
	Legal			
	Practice			

1.6K DISCUS

NUMBER	ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
	Legal			
L10	1.6k Cantabrian Black	Legal - used	\$203.00	\$150.00
L455	1.6k Intern'l Athletics - (LS) Blue	replaced plate (edge)	\$43.00	\$25.00
L861	1.6k Intern'l Athletics - (HS) White	replaced plate (edge not flush)	\$78.00	\$32.00
	Practice			
P503	1.6k Intern'l Athletics (LS)- Blue	Fat	\$43.00	\$18.00
P504	1.6k Cyclone (LS)	Fat	\$39.00	\$18.00
P505	1.6k Intern'l Athletics (HS) - White	Diameter	\$78.00	\$20.00
P507	1.6k Cyclone (LS)	replaced plate (not flush)	\$39.00	\$19.00
P508	1.6k Cyclone (LS)	replaced plate (not flush)	\$39.00	\$19.00
P862	1.6k Rubber (Blue)	discolored / texture	\$13.00	\$10.00

2K DISCUS

NUMBER	ITEM	ADD'L DESCRIPTION	RETAIL	SPECIAL PRICE
	Legal			
	Practice			